

# Wake Forest

## FIELD HOCKEY CAMP



## Experience Summer Camp at the Home of National Champions!

### Train like the Champs and Develop Into the Player You Dream of Becoming!

Join us this summer and experience our creative curriculum, energetic coaching staff, world class turf, and rich tradition of championship hockey. Enjoy the small group size and personalized attention. Camps include both fundamental and advanced skill development, small game drills, tactic and strategy sessions, tournament play, hockey specific conditioning and strength training, position

specific coaching, and other special sessions. Award winning coaches personalize sessions for each player. Total player development is emphasized.

**Individual Camp:** Individual camp concentrates on technical and tactical player development, through small-sided competitions, tournament play and personalized coaching. All levels welcome.

**Team Camp:** Campers will learn team and individual specific tactics, strategies, fundamental and advanced skills, and engage in tournament play. All levels and individuals welcome.

### Camp Highlights:

- Personalized Coaching by Award Winning Coaches
- Creative Curriculum
- Small Groups
- Dynamic Scoring Drills
- Specialized Defensive Tactic Training
- Small Game Strategy Sessions
- Position Specific Training
- Advanced Skill Development
- Hockey Specific Conditioning and Strength Training
- Fun and Supportive Environment

Register Online Today!

Contact Jill Miller  
336.655.0395  
wfhockey@gmail.com

Individual Camp: June 28 - July 1, 2012

Team Camp: July 29 - August 1, 2012

<http://www.wakeforestfieldhockeycamp.com>



**CAMP STAFF:** **Coach Jennifer Averill**, completing her 20th season at Wake Forest University and named the 2008 ACC Coach of the Year for the sixth time and a National Field Hockey Coaches Association Hall of Fame coach, has led the Demon Deacons to nine straight NCAA Final Four appearances and captured three consecutive National Championships. Averill has developed Wake Forest into a perennial national powerhouse in field hockey. Many of Averill's players have gone on to represent the United States in Olympic and world competitions. Not only a decorated coach, Averill is a four-time All-American and a Honda Broderick nation's best field hockey player. Averill is involved in all aspects of camp and is present for all training sessions. Averill's charismatic style and love for hockey is inspirational. During camp, Wake

Forest Assistant Coaches, **Christy Morgan, Christina Restivo**, and many current and former Wake Forest players, assist Averill in making camp fun, educational, and challenging.

**FACILITIES:** Wake Forest University offers premier training facilities on water-base artificial turf, field turf and grass. WFU was the host of the 2009 NCAA Final Four. Campers lodge in residence halls and eat at the campus fresh food company.

**COST: \$490;** multi-session and team discounts available

**INFORMATION and REGISTRATION:**

[www.wakeforestfieldhockeycamp.com](http://www.wakeforestfieldhockeycamp.com)

Wake Forest  
FIELD  
HOCKEY  
CAMP

WAKE FOREST FIELD HOCKEY  
SUMMER CAMP  
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